



MODULE 1 – CONFIDENCE AND CREDIBILITY

Welcome

- Welcome (video)
- Confidence, efficiency, results (video)

Course overview

- First things first (tutorial)
- Course overview (tutorial)

Assessment and Deduction 1

- Kingmyopro treatment model – Survey, Assessment, Treatment, Deduction (video)
- Kingmyopro treatment model – Survey, Assessment, Treatment, Deduction (tutorial)
- Problem solving basics (tutorial)

Survey and Demonstration – Knee and Groin

- Groin pain (video)
- Anterior knee pain (video)
- Posterior knee pain (video)

Make it Happen

- Start here – manipulation demonstration and practice (video)
- Action steps (tutorial)

Reading

- Follow the Pain (PDF)

MODULE 2 – IT'S ALL ABOUT RESULTS

Welcome

- Welcome and review (video)
- Confidence, results and rebooking (video)
- Give them the map – partnering with your patient for permanent results (tutorial)

Assessment and Deduction 2

- Follow up is everything (tutorial)
- Cross fibre manipulation (video)
- Cross fibre manipulation – discussion and rationale (tutorial)
- Problem solving intermediate (tutorial)

Survey and Demonstration – Lower Back

- Proximal lower back pain – Last rib to PSIS (video)
- Mid lower back pain – PSIS to coccyx (video)
- Distal lower back pain – Coccyx to gluteal fold (video)

Make it Happen

- Action steps (tutorial)

Reading

- Cross fibre manipulation – part 1 (PDF)
- Cross fibre manipulation – part 2 (PDF)

MODULE 3 – FAILURE

Welcome

- Welcome and review (video)
- Failure (video)

Assessment and Deduction 3

- Micro and macro feel (video)
- Micro and macro feel – rationale (tutorial)
- Problem solving advanced (tutorial)

Survey and Demonstration – Lower limb

- Calf, Achilles and heel pain (video)
- Ankle pain (video)
- Foot and toe pain (video)
- CASE STUDY – Putting it all together. Hip, groin, lower back case study.

Make it Happen

- Action steps (tutorial)

Reading

- Micro and macro (PDF)

MODULE 4 – BE THE GURU

Welcome

- Welcome and review (video)
- Be the guru – part 1 (video)

Assessment and Deduction 4

- Frozen shoulder (video)
- Cooperate with the body (tutorial)
- Biomechanics – cooperating with the body's healing response (tutorial)
- The 7-day rule – The secret to lasting results (tutorial)

Survey and Demonstration – Shoulder, elbow and forearm

- Anterior shoulder pain (video)
- Posterior shoulder pain (video)
- Elbow pain (video)
- Wrist and hand pain (video)
- Thumb pain (video)
- Finger pain (video)

Make it Happen

- Action steps (tutorial)

Reading

- Cooperate with the body (PDF)
- The 7-day rule (PDF)

MODULE 5 – HEADACHES ... NO MORE

Welcome

- Welcome and review (video)
- Be the guru – part 2 (video)

Assessment and Deduction 5

- Stiffness is pain – problem solving gold (tutorial)
- Upper trapezius – manipulation demonstration and practice (video)
- The 7-day rule – What to do when it doesn't work (tutorial)

Survey and Demonstration – Neck and head

- Lower neck pain (video)
- Upper neck pain (video)

- Head and jaw pain (video)

Make it Happen

- Action steps (tutorial)

Reading

- Stiffness is pain – part 1 (PDF)
- Stiffness is pain – part 2 (PDF)

MODULE 6 – MYOTHERAPY VS MASSAGE?

Welcome

- Welcome and review (video)
- Massage and Myotherapy – What's the difference (video)

Assessment and Deduction 6

- Is myofascial dysfunction intentional or accidental – And does it matter? (tutorial)
- Integrating ideas – trying to make sense of myofascial physiology (tutorial)

Survey and Demonstration

- Upper back pain (video)
- Torso pain (video)
- CASE STUDY – Putting it all together. Neck, head and arm case study.

Make it Happen

- Personal, patient and financial success

Reading

- Is myofascial dysfunction intentional – part 1 (PDF)
- Is myofascial dysfunction intentional – part 2 (PDF)
